SMITHEREEN FARM
URINARY TEA
Our blend includes herbs known for centuries to help with urinary distress. When you feel the tingle, stop eating all sugar, brew a strong batch of this tea at night and drink before sleep. Pour another round of hot water on it after the first brew, and drink the cold tea in the morning. Quite astringent and medicinal tasting, bracing, healing.
Smithereen Farm grows organic and wildcrafted ingredients: *Uva ursi, *marsh, *mallow, *corn hempp, *goldenrod, *echinacea, *corn silk, *st. johns wort, *yarrow, *evening primrose, *saw palm. *certified organic
Net Wt. 2.5 oz.
Batch #
Smithereen Farm
13 Little Falls Road
Pembroke, ME 0466
Certified Organic by MOFGA
www.smithereenfarm.com
Come camp, u-pick and visit the tidal falls